



Father and Son Run 140 Miles NON-STOP in 45 Hours for Charity

Dear Sir/Madam

PlaceforHope is a local UK based charity, who help special needs children of Kosovo as well as their families. In order to continue the work that PlaceforHope does in Kosovo we need your help. On May 24th 2008 we have two runners in the 145 Mile Grand Union Canal Race (run on towpath). This is the longest Ultra-marathon in the UK, with a non-stop 45 hour time limit. Ian and Alec Stride, father and son team from Rainham, Kent have been training hard for many months in preparation for the challenge.

Without your financial help this challenge will all be in vain. We need your support:-

- £ 5 is enough to deliver a wheelchair or other equipment to the children
- £20 is enough to provide flour to make enough bread for a family for a week.
- £50 buys enough wood to heat a whole house for the entire winter
- £200 is enough for us to export a pallet of donated special needs equipment

Corporate Sponsors



King'sFishers
Fitness Pilates



Below are a few examples of the kind of work that PlaceforHope has been able to do so far:



For the first time in seven years Albion was able to walk, without the help of his mother. The upturned umbrellas that he used to use, were replaced by walking sticks just last summer.

Christoph and his brother now have some contact with the outside world, thanks to the work of PlaceforHope carers. Neither of them are able to go to school as the road network is too poor and they don't have their own transport.



Fitore has problems with her joints. She was born able bodied and after being given some medication by the doctor (to treat polio) the joints in her legs became painful and swollen. She attends school at the moment, but she is finding it increasingly difficult to use her wheelchair. We are investigating the possibility of surgery in the UK.

Your help and support are vital. If you feel led to help in any way, or indeed would like to find out more then you can visit www.placeforhope.co.uk

We look forward to hearing from you.

For and on behalf of PlaceforHope,

Yours faithfully,

Sara and Armend Qehaja

Registered Charity Number 1119608 www.placeforhope.co.uk

PlaceforHope Twinney Lodge, Susans Lane, Upchurch, Kent ME97HA

